

Beginn	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
07:00			WS		
08:00	WS		WS-Hocker	WS-Hocker-Fit	
09:00	WS		WS	WS	UEX-Hocker
10:00	HWS	Lungensport	HWS	WS-Hocker	WS-Hocker
11:00	UEX-Hocker	Lungens. Hock.	WS-Hocker	Lungensport	WS
12:00	WS	WS	WS	WS	HWS
13:00		WS	WS	WS	
14:00				Lungensport	
15:00	WS-Hocker	WS			
16:00	Cantienica	WS-Fit	Pilates		
17:00		HWS	UEX-Fit	WS	
18:00		Lungensport	WS	HWS	
19:00		WS	WS-Fit	WS	